



Staying Connected 21 July 2024

Office Details

Office Hours:

Mon - Thurs 08:30 to 14:00
Fri : 08:30 to 13:00

Address:

38 Jan Hofmeyr Road, Westville
PO Box 47, Westville, 3630

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031 266 5222

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081 885 4928

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office@westvillemethodist.co.za

Website:

westvillemethodist.co.za

Sunday Service Times:

07:30
09:00
18:30

From the Minister's Desk

The apostle Paul often uses athletic or sporting images to make his point. In his first letter to the Corinthian church, he writes about our attitude as followers of Jesus - he says we should run not just as participants, but instead aiming to winning the race; that we should submit to strict discipline, like a boxer training for a title fight (1 Cor 9:24-27). To which we say a hearty 'Amen', but it does sound pretty tiring ...

We long to be people who are as focused and intentional as athletes when it comes to our praying and our speaking and the living out of our lives as Jesus' disciples, but in truth we find it hard enough to be disciplined in our eating habits and our phone use, never mind training for a marathon!

Author Cal Newport makes the point that discipline is not a character trait, it is something that we absolutely can develop through practice. He has very simple advice for us - Newport says that we raise our discipline threshold by **doing something hard**. And then doing another hard thing. The outcome of these deliberate choices is a series of small wins that helps us to see ourselves differently - as people who can do hard, worthwhile things. You could do worse than ask yourself at the end of each day if you did something hard during that day.

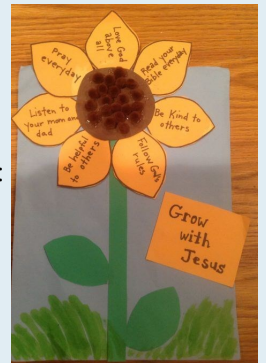
How then do we sustain such discipline? Paul says we keep on keeping on by fixing our eyes on the prize (Philippians 3:12-14). May God strengthen and bless you today as you run in such a way as to win the prize!



Resources needed for Gods Club : Sunday School

The following items are needed by the Sunday School: *Dress up items; old toys including soft balls and blocks; craft sticks; old wrapping paper / tissue paper; magnets; paintbrushes; small wooden frames; stickers; foam; ink pads and stamps; old shoe boxes; cylinder boxes with lids (for example Pringles chips containers); wooden dowels; coloured board and paper; old children's aprons for paint days.*

If you would like to donate any of these items, please mark your donation "**Gods Club Resources**" and place it in the black box outside the office.



Jumble Sale

There will be a WMC Jumble Sale in the Upper Hall at WMC at 09:00 on **Saturday 3 August**.

In this regard we are currently looking for donations of the following:
Crockery and small kitchen items
Clothes and Footwear
Linen, Curtains and Blankets

(All items to be **clean and usable**, please). These items can be placed in the black box outside the office, marked 'Jumble Sale'. **All proceeds from the jumble sale will be used for Mission projects.**

We would love you to advertise this event. Please let your friends and family know that there will be some '*treasures*' available on the day, at very affordable prices. Leaflets advertising this event will be available at all three services on Sunday.



Contact Details

Minister

Michael Bishop 079 499 9139
Email : michael@westvillemethodist.co.za

Church Executive

Amanda Kenny (Communication) 083 330 8780
Ashley Sellwood (Mission) 083 650 7612
Brandon Walker (Worship) 084 912 8188
David Jordan (Finance) 082 922 9385
Jane Bainbridge (Fellowship) 084 746 2004
Louise Walker (Pastoral Care) 084 580 3471
Natalie Moolman (Youth & Children) 073 438 8153
Sybil Scott-Adams (Prayer) 083 787 2680
Paul Bryan (Property) 061 309 6635

Bible Readings

21 to 27 July 2024

Sunday Mark 6 : 30 - 34, 53 - 56
Monday Psalm 61
Tuesday Acts 20 : 17 - 38
Wednesday Luke 15 : 1 - 7
Thursday Psalm 14
Friday Colossians 3 : 12 - 17
Saturday John 4 : 31 - 38

Condolences to
Brenda and
David Oldacre
and Family on the
death of Brenda's
brother in law
Neil Mills
on Thursday 18 July.



The following items can be placed
in the black box outside
the church office.

Second hand clothes and shoes in
good, clean condition
Small household items, in good, clean
condition
Blankets / Linen / Towels
Wool / Off-cuts of Material
Non-perishable food items
Books in good condition / Stationery
Items for Winter Warmth
Small Bowls for Pastoral Flowers
School clothes, shoes and Stationery
Thank you

**happy
birthday**

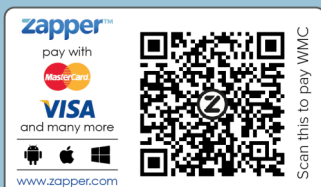
Birthdays this coming week

Rose Chislett	Monday 22 July
Letitia Norris	Tuesday 23 July
Luke Lapin	Tuesday 23 July
Avrill Ingram	Tuesday 23 July
Tienie Dearham	Tuesday 23 July
Kevin Norris	Tuesday 23 July
Terri Belling	Wednesday 24 July
Peter Bainbridge	Thursday 25 July
Philip Bainbridge	Thursday 25 July
Duane Sabatini	Thursday 25 July
Yvonne Jamieson	Friday 26 July
Tess Tjasink	Saturday 27 July

If your name should be listed here, or if there are
any errors, please contact the church office.

Church Bank Details

Acc: Westville Methodist Church
Acc No: 58880668126
Bank: First National Bank
Branch: Westville **Br Code:** 223526



PRAYER REQUESTS

Helene Herbst
Danielle de Bruyn

Sané Ndlovu

Lynese Morris

Roxanne Cappell
Letitia Norris
Edwin Trebble
Horizon Farm
James Dunford
Raymond A. Blom
Sue Carter
Cameron Smith
Brandon Walker
Gavin Linnett
Shirleen Prydderch
Dorothy Foster

John Cave
Zayden Govender

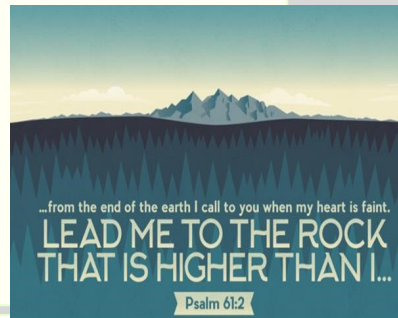
Shelley Reed

Recovering
Recovering from Foot
Surgery
Further treatment -
Endometriosis
Recovering - Hip
Replacement Surgery /
Cancer diagnosis :
Pray for hope to be
included in Clinical Trial
Strength and Support Pregnancy
Strength and Peace
Undergoing radiation treatment
Financial Stability
Cancer
End Stage Dementia
Strength and Support
Multiple Sclerosis
Effects of Long Covid
Recovery
Bipolar Treatment
Recovering from
Surgery
Cancer
Kidney function
Improvement
Motor Neuron
Disease / ALS



Lord,
give me the wisdom
I need for today.

Psalm 14:1-2



Ongoing Prayer

Stephen Adams, Lance Bainbridge, Lorraine Bekker, Janita Downing, Debbie Ivins, Evelyn Kolbe, Megan Moody, Doff Ponsie, Nicky Proctor, Siswana Family, Sherwyn Sullivan.

Monday Morning Sew 'n Sews



The following items were produced / collected by the Monday Morning Sew 'n Sews sewing group and distributed this week to the William Clark Gardens Othandweni Child and Youth Care Centre:

43 tracksuits, 12 face cloths, 12 toothpastes, 2 packets of crayons and 5 colouring books. Thank you to all the ladies involved.

"Dear Yvonne and Team (Monday Morning Sew 'n Sews)
On behalf of the entire Ethelbert Child and Youth Care Centre family, I extend a heartfelt Thank You for your generous donation of such beautiful summer PJ's, to our organisation. Your contribution will assist us to continue delivering high-quality Child Care to the 65 vulnerable beneficiaries we serve. Thank you for seeing the worth of our cause."

Vanessa Theophilus : Director - Ethelbert Child and Youth Care Centre

