

Quiet Moments with God

Allow these Quiet Moments to draw you into a time of rest and reflection with the Lord. Open your heart. God loves you.

No Words

[Song: O God, You Are My God. Fernando Ortega](#) (Lyrics on page 2)

*My words lie still and lifeless as dust upon the sand,
I can no longer voice one request or one demand.*

*My cup of tears is empty, I can no longer cry,
my lips have fallen silent, my prayer is but a sigh.*

Spirit, come and rest Your ear upon my heart,

O come and hear my wordless prayer,

my silent plea and take them far away from me.

Take them from this ear of mine to the Father's heart divine.

Speak in tones unknown to man that God may hear and understand.

My voice is weak from calling to You both night and day.

How long will You be silent? Why do You turn away?

Spirit, come and rest Your ear upon my heart,

O come and hear my wordless prayer,

my silent plea and take them far away from me.

Take them from this ear of mine to the Father's heart divine.

Speak in tones unknown to man that God may hear and understand.

"My Wordless Prayer" by Craig Courtney

But the Holy Spirit prays for us with groanings that cannot be expressed in words. And the Father who knows all hearts knows what the Spirit is saying, for the Spirit pleads for us believers in harmony with God's own will.

Romans 8:26-27

Because he bends down to listen, I will pray as long as I have breath! Ps 116:2

[Song: Oh my Soul. Casting Crowns](#) (Lyrics on pages 2,3&4)

Oh God, You Are My God

Fernando Ortega

Oh God, you are my God
Earnestly I seek you
My soul thirsts for you,
My flesh yearns for you
In a dry and weary land
Where there is no water

I remember you at night
Through the watches of the night
In the shadow of your wings
I sing because you helped me
My soul clings to you
And your hand upholds me
You alone

Songwriter: Juan Fernando Ortega

Oh My Soul

Casting Crowns

Oh, my soul
Oh, how you worry
Oh, how you're weary from fearing
You lost control
This was the one thing
You didn't see coming
And no one would blame you though
If you cried in private
If you tried to hide it away
So no one knows
No one will see
If you stop believing

Oh, my soul
You are not alone
There's a place where fear
Has to face the God you know
One more day
He will make a way

Let Him show you how
You can lay this down

'Cause you're not alone

Here and now
You can be honest
I won't try to promise
That someday it all works out
'Cause this is the valley
And even now
He is breathing on
Your dry bones
And there will be dancing
There will be beauty where beauty was

Ash and stone
This much I know

Oh, my soul
You are not alone
There's a place where fear
Has to face the God you know
One more day
He will make a way

Let Him show you how
You can lay this down

I'm not strong enough
I can't take anymore
You can lay it down
You can lay it down
And my shipwrecked faith
Will never get me to shore
You can lay it down

You can lay it down
Can he find me here?
Can he keep me from going under?

Oh, my soul
You are not alone
There's a place where fear
Has to face the God you know
One more day
He will make a way
Let Him show you how
You can lay this down

'Cause you're not alone
Oh, my soul
You are not alone

Songwriters: Bernie Herms / Nichole Nordeman / John Mark Mark Hall

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