

## Quiet Moments with God

Allow these Quiet Moments to draw you into a time of refreshing, reflection and rest with the Lord. Meditate on these Scriptures.

### Dearly Loved

[Reading: Grace and love, our freedom and joy](#)

*It wasn't so long ago that you were mired in that old stagnant life of sin.  
You let the world, which doesn't know the first thing about living,  
tell you how to live.*

*You filled your lungs with polluted unbelief, and then exhaled disobedience.  
We all did it, all of us doing what we felt like doing,  
when we felt like doing it, all of us in the same boat.*

*It's a wonder God didn't lose his temper  
and do away with the whole lot of us.*

*Instead, immense in mercy and with an incredible love, he embraced us.  
He took our sin-dead lives and made us alive in Christ.*

*He did all this on his own, with no help from us!  
Then he picked us up and set us down in highest heaven  
in company with Jesus, our Messiah.*

*Now God has us where he wants us,  
with all the time in this world and the next  
to shower grace and kindness upon us in Christ Jesus.*

*Saving is all his idea, and all his work.  
All we do is trust him enough to let him do it.*

*It's God's gift from start to finish!*

Ephesians 2: 1-10 MSG

[Song: Grace Upon Grace. Matthew West](#) (Lyrics on page 2)

# Grace upon Grace

Matthew West

What reason do I have to wake up with the rising sun  
And not be held down by the weight of all the things I've done?  
What reason do I have to feel this hope instead of hurt?  
How can it be I don't receive the judgement I deserve?

Wave upon wave of grace upon grace  
Endlessly washing my sins away  
I know the only reason I can stand here free of all my shame  
Is wave upon wave of grace upon grace upon grace

How can you see me at my worst and still say I am loved?  
What promise can I stand on when I don't feel good enough?  
When the enemy's reminding me of all that I've done wrong  
What freedom do I have to sing this new creation song?

Wave upon wave of grace upon grace  
Endlessly washing my sins away  
I know the only reason I can stand here free of all my shame  
Is wave upon wave of grace upon grace upon grace

Singing, what can wash away my sin?  
And make me new again  
Nothing but the blood of Jesus

What can make me white as snow?  
No other fount I know  
Nothing but the blood of Jesus

Wave upon wave of grace upon grace  
Endlessly washing my sins away  
I know the only reason I can stand here free of all my shame  
Is wave upon wave of grace upon grace  
Wave upon wave of grace upon grace  
Upon grace

What can wash away my sin?  
And make me new again  
Nothing but the blood of Jesus

Songwriters: Matthew West / Aj Pruis

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