

## Quiet Moments with God

Allow these Quiet Moments to draw you into a time of refreshing, reflection and rest with the Lord. Meditate on these Scriptures.

### Fear No More

[Reading: Do not be afraid](#)

*Praise the LORD!  
For he has heard my cry for mercy.  
The LORD is my strength and shield.  
I trust him with all my heart.  
He helps me, and my heart is filled with joy.  
I burst out in songs of thanksgiving.  
The LORD gives his people strength.  
He is a safe fortress for his anointed king.  
Psalm 28:6-8 NLT*

*Be on your guard; stand firm in the faith; be courageous; be strong.  
Do everything in love.  
1 Corinthians 16:13-14 NLT*

*My child, don't lose sight of common sense and discernment.  
Hang on to them,  
for they will refresh your soul.  
They are like jewels on a necklace.  
Proverbs 3:21-22 NLT*

[Song: I Will Fear No More. The Afters](#) (Lyrics on page 2)

# I Will Fear No More

The Afters

Every anxious thought that steals my breath  
It's a heavy weight upon my chest  
As I lie awake and wonder what the future will hold  
Help me to remember that You're in control

You're my courage when I worry in the dead of night  
You're my strength 'cause I'm not strong enough to win this fight  
You are greater than the battle raging in my mind  
I will trust You, Lord  
I will fear no more

I will lift my eyes  
I will lift my cares  
Lay them in Your hands  
I'll leave them there  
When the wind and waves are coming  
You shelter me  
Even though I'm in the storm, the storm is not in me

You're my courage when I worry in the dead of night  
You're my strength 'cause I'm not strong enough to win this fight  
You are greater than the battle raging in my mind  
I will trust You, Lord  
I will fear no more  
(Oh-oh-oh-ohh, oh-oh-oh-ohh) I will fear no more  
(Oh-oh-oh-ohh, oh-oh-oh-ohh) I will fear no more

No power can come against me  
'Cause You have overcome  
No darkness can overwhelm me  
'Cause You've already won  
No power can come against me  
'Cause You have overcome  
(Oh-oh-oh-ohh, oh-oh-oh-ohh)  
No darkness can overwhelm me  
'Cause You've already won  
(Oh-oh-oh-ohh, oh-oh-oh-ohh)

You're my courage when I worry in the dead of night  
You're my strength 'cause I'm not strong enough to win this fight  
You are greater than the battle raging in my mind  
I will trust You, Lord (Trust You, Lord)  
I will fear no more (Fear no more)

I will fear no more (Fear no more)  
(Oh-oh-oh-ohh, oh-oh-oh-ohh) I will fear no more  
(Oh-oh-oh-ohh, oh-oh-oh-ohh) I will fear no more  
(Oh-oh-oh-ohh, oh-oh-oh-ohh) I will fear no more

Songwriters: Jason Ingram / Joshua Havens / Matt Fuqua / Jordan Mohilowski / Dan Ostebo

1 May 2024