

Quiet Moments with God

Allow these Quiet Moments to draw you into a time of refreshing,
reflection and rest with the Lord.

Accept Our Praise, Lord

[Song: Great are You, Lord. Casting Crowns](#) (Lyrics on pages 2)

*Praise motivates the other kinds of prayer...In our overall prayer life,
praise and adoration must have a prime place...*

*CS Lewis began to reflect on why we praise anything. He discovered that all
enjoyment spontaneously overflows into praise unless “shyness or fear of
boring others is deliberately brought in to check it.” When you find
something great or enthralling, you have an almost visceral, instinctive need
to praise it to others. In the words of CS Lewis,
“I think we delight to praise what we enjoy
because the praise not merely expresses
but completes the enjoyment.”...*

*It reveals that we must praise God or live in unreality and poverty.
We cannot merely believe in our minds that he is loving or wise or great.
We must praise him for those things – and praise him to others – if we are
to move beyond abstract knowledge to heart-changing engagement.*

Learning to praise, then, changes us.

Timothy Keller: Prayer

Praise be to the LORD, the God of Israel, from everlasting to everlasting.

Then all the people said ‘Amen’ and ‘Praise the LORD.’

1 Chronicles 16:36

[Song: Listen to Our Hearts. Casting Crowns.](#) (Lyrics on pages 2&3)

Great Are You Lord

Casting Crowns

You give life, You are love
You bring light to the darkness
You give hope, You restore
Every heart that is broken
And great are You, Lord

It's Your breath in our lungs
So we pour out our praise
We pour out our praise
It's Your breath in our lungs
So we pour out our praise to You only

You give life, You are love
You bring light to the darkness
You give hope, You restore (You restore)
Every heart that is broken
And great are You, Lord

It's Your breath in our lungs
So we pour out our praise
We pour out our praise
It's Your breath in our lungs
So we pour out our praise to You only

It's Your breath in our lungs
So we pour out our praise
We pour out our praise
It's Your breath in our lungs
So we pour out our praise to You only

And all the earth will shout Your praise
Our hearts will cry, these bones will sing
Great are You, Lord

Songwriters: Jason Ingram / David Leonard / Leslie Jordan

Listen To Our Hearts

Casting Crowns

How do you explain,
How do you describe,
A love that goes from east to west,
And runs as deep as it is wide?
You know all our hopes
Lord, you know all our fears
And words cannot express the love we feel
But we long for You to hear

So listen to our hearts (oh, Lord, please listen)
Hear our spirits sing (and hear us sing)
A song of praise that flows (a simple song of praise)
From those You have redeemed (from those You have redeemed)
We will use the words we know
To tell You what an awesome God You are
But words are not enough
To tell You of our love
So listen to our hearts

If words could fall like rain
From these lips of mine
And if I had a thousand years
I would still run out of time

So if You listen to my heart
Every beat would say,
"Thank You for the Life, thank You for the Truth,
Thank You for the Way."

31 January 2024