



Staying Connected

23 July 2023

Office Details

Office Hours:

Mon - Thurs 08:30 to 14:00
Fri : 08:30 to 13:00

Address:

38 Jan Hofmeyr Road, Westville
PO Box 47, Westville, 3630

Phone:

031 266 5222

Email:

office@westvillemethodist.co.za

Website:

westvillemethodist.co.za

Sunday Service Times:

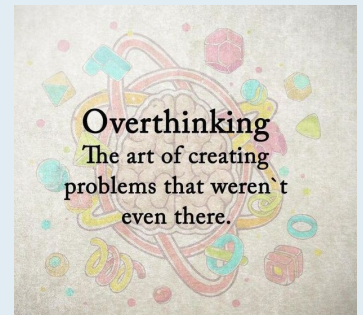
07:30
09:00
18:30

From the Minister's Desk

Author Ryan Holiday has written extensively about the ancient Stoics and applying their ideas today. I was taken with this observation in his newsletter this week: "How would you describe someone who lies to you? Who riles you up? Who makes you anxious and afraid? Who questions whether you're good enough? Who has preposterous blindspots and disturbing biases? Who prods you to suspect the worst of others? Who tricks you into doing things you'll regret? Who encourages your worst impulses? But this is what our mind does to us on a daily basis! Your mind is not your friend!"

He's right, isn't he? Many of the hardest and most unhelpful things that are said about us exist only in our own minds, and by and large are not true. No wonder there is so much written about the dangers of overthinking. I sometimes think I need to join a support group for recovering over-thinkers ... :)

The apostle Paul writing to the Roman and Corinthian churches recognises the power of our minds and he invites us to take back our thoughts and surrender them to God: "*be transformed by the renewing of your mind*" (Rom 12:2) and "*take captive every thought to make it obedient to Christ*" (2 Cor 10:5). That's a helpful image if you are also an over-thinker: renewing our minds involves stopping, noticing and naming a thought and then taking it captive and surrendering it to the truth of Christ.



Contact Details

Minister

Michael Bishop 079 499 9139
Email : michael@westvillemethodist.co.za

Society Stewards

David Jordan 082 922 9385
Amanda Kenny 083 330 8780
Ashley Sellwood 083 650 7612
Dave Oldacre 082 784 6282
Jane Bainbridge 084 746 2004
Brandon Walker 084 912 8188
Brenda Siswana 079 485 4870
Natalie Moolman 073 438 8153
Louise Walker 084 580 3471

Bible Readings

23 to 29 July 2023

Sunday Matthew 13 : 24 - 30, 36 - 43
Monday Psalm 139 : 13 - 18
Tuesday Genesis 33 : 1 - 17
Wednesday Matthew 12 : 15 - 21
Thursday Psalm 105 : 1 - 11
Friday Genesis 29 : 9 - 14
Saturday Matthew 12 : 38 - 42

Staff Vacancy

WMC plans to appoint someone to replace Valda in the church office from mid-August. The ideal person will be a committed Christian with excellent people skills, an eye for details and some office IT experience. We hope to appoint someone from within our church community, but if necessary will widen the search after interviewing initial candidates. If you're interested, please send a CV to office@westvillemethodist.co.za.

Easel for Display of Photographs

We are in need of an easel for the display of photographs at funeral services etc. If you have an easel similar to the one in the graphic that you would like to donate to the church or if you are able to make one similar to this, please contact the church office on 031 2665222 or email : office@westvillemethodist.co.za . Many thanks.



Thursday Ladies' Bible Study

Thursday Ladies' Bible Study
(2pm at WMC)
New DVD-based course begins in August, all welcome.
Study : God of Creation by Jen Wilkin. A study of Genesis.
For information please WhatsApp Glenda on 082 6557785.



PRAYER REQUESTS

- Shirley Leech (Accident - Recovering at home)
- St John Spoor (Thoracic Surgery)
- Mike Hoole (In hospital - High Care)
- Moira Kolbe (Multiple Sclerosis)
- Dorothy Foster (Colon Cancer - Treatment)
- Shirleen Prydderch (Sleep Apnoea / Bipolar Treatment)
- Andrew Kenny (Pancreatic Cancer)
- Sané Ndlovu (Endometriosis Treatment - Pain Control)
- John Cave (Cancer - Back pain)
- Zayden Govender (Kidney function - Has Improved)
- Debbie Ivins (Autoimmune Disease)
- Shelley Reed (Motor Neuron Disease / ALS)



All ladies are invited to join a WMC Ladies Fellowship group which meets on the first Friday of the month at 10:00 in the lounge. There is a time of devotion, sharing and refreshments.

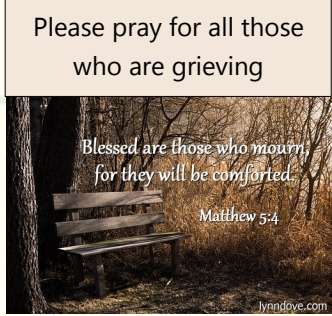


Farewell Gift

In a few weeks' time, a 12 year season comes to an end at WMC: Valda Tofts will begin her retirement on 11 August. If you would like to contribute to a farewell gift for Valda, please forward envelopes or EFT's marked "Valda's gift" to us before 11 August.

Ongoing Prayer

Stephen Adams, Lance Bainbridge, Lorraine Bekker, Brianna Belling, Rose Chislett, Florrie David-Sullivan, Janita Downing, Gwen King, Evelyn Kolbe, Linda Lodge, Megan Moody, Doff Ponsie, Nicky Proctor, Siswana Family, Steve Smith, Sherwyn Sullivan, Marjorie Tarbett, Shirley Whelan.



Help us Share the Warmth

This Winter

The following items can be placed in the black box outside the church office.

- Second hand clothes and shoes in good, clean condition
- Small household items, in good, clean condition
- Blankets / Linen / Towels
- Wool / Off-cuts of Material
- Non-perishable food items
- Books in good condition / Stationery
- Items for Winter Warmth
- Clean 2L Ice Cream Containers

Thank you



In support of Nelson Mandela Day on Tuesday 18 July, scarves were handed out to all the men who attended the Vulindlela / Soup Kitchen project. This was made possible by the '67 Blankets for Nelson Mandela Day' organisation.



KZN KnitWits and WMC Social KnitWits



Donations of Wool

If you have any donation of wool for the KnitWits projects, please place it in the black box outside the church office. Thank you.

Church Bank Details

Acc: Westville Methodist Church
Acc No: 58880668126
Bank: First National Bank
Branch: Westville **Br Code:** 223526



Please place all your paper waste in the green paper bank in the church parking area. All funds, from the collection of paper waste deposited in this paper bank, are allocated to the running of the **Fraternal Churches Soup Kitchen / Feeding Scheme** at WMC.