

Quiet Moments with God

Allow these Quiet Moments to draw you into a time of rest and reflection with the Lord. Read the Word, reflect. What is He saying to you?

Tough Times

[Reading: It's Hard](#) (Click to open link)

Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles. And let us run with perseverance the race marked out for us, fixing our eyes on Jesus, the pioneer and perfecter of faith.

For the joy that was set before him
he endured the cross, scorning its shame
and sat down at the right hand of the throne of God.
Consider him who endured such opposition from sinners,
so that you will not grow weary and lose heart.

Hebrews 12:1-3 NIV

The Lord is like a father to his children,
tender and compassionate to those who fear him.

For he knows how weak we are;
he remembers we are only dust.
Our days on earth are like grass;
like wildflowers, we bloom and die.
The wind blows, and we are gone—
as though we had never been here.
But the love of the Lord remains forever
with those who fear him.

Psalms 103:13-17 NLT

[Song: Take Heart, My Friend](#) (Click to open link) (Lyrics on page 2)

Take Heart, My Friend

Fernando Ortega

Take heart, my friend, we'll go together
This uncertain road that lies ahead
Our faithful God has always gone before us
And He will lead the way once again

Take heart, my friend, we can walk together
And if our burdens become too great
We can hold up and help one other
In God's love and God's grace

Take heart my friend, the Lord is with us
As He has been all the days of our lives
Our assurance every morning
Our defender in the night

If we should falter when trouble surrounds us
When the wind and the waves are wild and high
We will look away to Him who ruled the waters
Who spoke His peace into the angry tide

He is our comfort, our sustainer
He is our help in time of need
When we wander, He is our Shepherd
He who watches over us never sleeps

Take heart my friend the Lord is with us
As He has been all the days of our lives
Our assurance every morning
Our defender in the night

Songwriters: John Andrew Schreiner / Juan Fernando Ortega

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