

## Quiet Moments with God

Allow these Quiet Moments to draw you into a time of rest and reflection with the Lord. Open your heart. What is He saying to you?

### His Heart Beats

[Song: His Heart Beats. Andrew Peterson](#) (Click to open link) (Lyrics on pages 2&3)

[Reading: Alive!](#) (Click to open link)

[Song: Because He Lives. Matt Maher](#) (Click to open link) (Lyrics on pages 3&4)

Friends, let me go over the Message with you one final time—  
this Message that I proclaimed and that you made your own;  
this Message on which you took your stand  
and by which your life has been saved...

The first thing I did was place before you  
what was placed so emphatically before me:  
that the Messiah died for our sins, exactly as Scripture tells it;  
that he was buried;  
that he was raised from death on the third day, again exactly as Scripture says;  
that he presented himself alive to Peter,  
then to his closest followers,  
and later to more than five hundred of his followers all at the same time...  
that he then spent time with James  
and the rest of those he commissioned to represent him;  
and that he finally presented himself alive to *me*.

1 Corinthians 15:1-8 MSG

\*Prayer: Take a moment to express your joy and gratitude to Jesus Christ, our living Saviour.

## His Heart Beats

Andrew Peterson

His heart beats, His blood begins to flow  
Waking up what was dead a moment ago  
And His heart beats, now everything is changed  
'Cause the blood that brought us peace with God  
Is racing through His veins  
And His heart beats  
His heart beats

He breathes in, His living lungs expand  
The heavy air surrounding death turns to breath again  
He breathes out, He is word and flesh once more  
The Lamb of God slain for us is a Lion ready to roar  
And His heart beats

So crown Him the Lord of Life  
Crown Him the Lord of Love  
Crown Him the Lord of All

He took one breath  
And put death to death  
Where is your sting, O grave?  
How grave is your defeat?  
I know, I know His heart beats

He rises, glorified in flesh  
Clothed in immortality, the firstborn from the dead  
He rises, and His work's already done  
So He's resting as He rises to reclaim the Bride He won  
And His heart beats

So crown Him the Lord of Life  
Crown Him the Lord of Love  
Crown Him the Lord of All

He took one breath  
And put death to death  
Where is your sting, O grave?  
How grave is your defeat?  
I know, I know His heart beats

The last enemy to be destroyed is death  
The last enemy to be destroyed is death  
He must reign until no enemy is left  
The last enemy to be destroyed, to be destroyed is death

His heart beats, He will never die again  
I know that death no longer has dominion over Him  
So my heart beats with the rhythm of the saints  
As I look for the seeds the King has sown  
To burst up from their graves

I know, I know  
He took one breath  
And put death to death  
Where is your sting, O grave?  
How grave is your defeat?  
I know, I know

He took one breath  
And put death to death  
Where is your sting, O grave?  
How grave is your defeat?  
How great, how great is His victory  
I know, I know His heart beats  
His heart beats  
I know, I know His heart beats  
His heart beats

Songwriters: Andrew Peterson / Ben Shive (1)

## Because He Lives (Amen)

Matt Maher

I believe in the Son  
I believe in the risen One  
I believe, I overcome  
By the power of His blood

Amen, Amen  
I'm alive, I'm alive, because He lives  
Amen, Amen  
Let my song join the one that never ends

Because He lives

I was dead in the grave  
I was covered in sin and shame  
I heard mercy, call my name  
He rolled the stone away

Amen, Amen  
I'm alive, I'm alive, because He lives  
Amen, Amen  
Let my song join the one that never ends

Because He lives  
I can face tomorrow  
Because He lives  
Every fear is gone

I know (I know) He holds (He holds) my life (my life)  
My future in His hands

Amen, Amen  
I'm alive, I'm alive, because He lives  
Amen, Amen  
Let my song join the one that never ends

Amen, Amen  
I'm alive, I'm alive, because He lives  
Amen, Amen  
Let my song join the one that never ends

Because He lives  
Because He lives

Songwriters: Jason Ingram / Chris Tomlin / Matt Maher / Daniel Carson / William J. Gaither / Edmond Martin  
Cash / Gloria L. Gaither