

Quiet Moments with God

Allow these Quiet Moments to draw you into a time of rest and reflection with the Lord. Open your heart. What is He saying to you?

You Too Have Meaning

[Song: You Are Known. Matthew West](#) (Click to open link) (Lyrics on pages 2)

[Reading: Your life counts!](#) (Click to open link)

[Song: Live Like You're Loved. Hawk Nelson](#) (Click to open link) (Lyrics on pages 3&4)

*Prayer: Thank God for His gift of love, for the value He places on your life and the wonderful plans He has for you.

*Look, if you sold a few sparrows, how much money would you get?
A copper coin apiece, perhaps?
And yet your Father in heaven knows
when those small sparrows fall to the ground.
You, beloved, are worth so much more than
a whole flock of sparrows.
God knows everything about you,
even the number of hairs on your head.
So do not fear.
Matthew 10:29-31 The Voice*

*How can I know all the sins lurking in my heart?
Cleanse me from these hidden faults.
Keep your servant from deliberate sins!
Don't let them control me.
Then I will be free of guilt and innocent of great sin.
May the words of my mouth and the meditation of my heart
be pleasing to you, O LORD, my rock and my redeemer.
Psalm 19: 9-14 NLT*

You Are Known

Matthew West

If you wonder if the prayers you pray are bouncing off the ceiling, you're feeling alone
I want you to know, know
You are known

Dear anonymous, the one that nobody sees
So insignificant or so they made you believe
You will never be more than not quite good enough
Dear invisible, you're not invisible, no
This ain't the end, it's just the start of unbelievable
You wouldn't even believe if you saw what I see in you

If you wonder if the prayers you pray are bouncing off the ceiling, you're feeling alone
I want you to know
You are known
And if you wonder if you're just another nameless face in a crowd
Well, now you're home
I want you to know
You are known

I know your greatest fear, I know your biggest mistake
Every square inch of your heart, I know what makes it break
And I am the one who bends down and picks up every single piece

Every single breath you breathe, every single hair on your head
Even the chapters of your life that haven't happened yet
And I know the plans that I have are bigger than your wildest dreams

So you wonder if the prayers you pray are bouncing off the ceiling, you're feeling alone
I want you to know
You are known
And if you wonder if you're just another nameless face in a crowd
Well, now you're home
I want you to know
You are known
To be known is to be loved
And to be loved is to belong
And you belong here in the arms that won't let go

Songwriters: Matthew West / Andrew Pruis

Live Like You're Loved

Hawk Nelson

You're not the only one who feels like this
Feeling like you lose more than you win
Like life is just an endless hill you climb
You try and try, but never arrive

I'm telling you something
This racing, this running
Oh, you're working way too hard (you're working way too hard)
And this perfection you're chasing
Is just energy wasted
Cause he loves you like you are

So go ahead and live like you're loved
It's okay to act like you've been set free
His love has made you more than enough
So go ahead and be who he made you to be

And live like you're loved
Live like you're loved
Live like you're loved
Live like you're loved

And live like you know you're valuable
Like you know the one that holds your soul
Cause mercy has called you by your name
Don't be afraid to live in that grace

I'm telling you something
This God we believe in
Yeah, he changed everything
No more guilt! No more shame
He took all that away
Gave us a reason to sing

So go ahead and live like you're loved
It's okay to act like you've been set free
His love has made you more than enough
So go ahead and be who he made you to be

And live like you're loved
Live like you're loved

Live like you're loved
Live like you're loved

Live like you're loved, walk like you're free
Stand like you know who he made you to be
Live like you're loved, like you believe
His love is all that you'll ever need

So go ahead and live like you're loved
His love has made you more than enough

So go ahead and live like you're loved
It's okay to act like you've been set free
His love has made you more than enough
So go ahead and be who he made you to be

And live like you're loved
Live like you're loved
Live like you're loved
Live like you're loved

Live like you're loved, walk like you're free
Stand like you know who he made you to be
Live like you're loved, like you believe
His love is all that you'll ever need
Live like you're loved

Songwriters: Ben Glover / David Garcia / Jonathan Allan Steingard

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