

Quiet Moments with God

Allow these Quiet Moments to draw you into a time of rest and reflection with the Lord. Open your heart. What is He saying to you?

Deep Trouble

[Reading: When in Deep Trouble](#) (Click to open link)

[Song: O my Soul. Casting Crowns](#) (Click to open link) (Lyrics on pages 2)

*Know that, in due course, you will be able to say from the heart:

Blessed be GOD— he heard me praying. He proved he's on my side; I've thrown my lot in with him. Now I'm jumping for joy, and shouting and singing my thanks to him.

Psalm 28:6 MSG

And treasure these words in your heart:

*He said, "Prophecy to the bones.
Tell these dry bones to listen to the word of the LORD.
Tell them that I, the Sovereign LORD, am saying to them:
I am going to put breath into you and bring you back to life.
I will give you sinews and muscles, and cover you with skin.
I will put breath into you and bring you back to life.
Then you will know that I am the LORD."*

Ezekiel 37:4-6 GNT

*"GOD, the Master, says: ...
And I myself will be the shepherd of my sheep.
I myself will make sure they get plenty of rest.
I'll go after the lost, I'll collect the strays,
I'll doctor the injured, I'll build up the weak ones
and oversee the strong ones so they're not exploited.*

Ezekiel 34:15 MSG

Oh, My Soul

Casting Crowns

Oh, my soul
Oh, how you worry
Oh, how you're weary from fearing
You lost control
This was the one thing
You didn't see coming
And no one would blame you though
If you cried in private
If you tried to hide it away
So no one knows
No one will see
If you stop believing

Oh, my soul
You are not alone
There's a place where fear
Has to face the God you know
One more day
He will make a way
Let Him show you how
You can lay this down

'Cause you're not alone

Here and now
You can be honest
I won't try to promise
That someday it all works out
'Cause this is the valley
And even now
He is breathing on
Your dry bones
And there will be dancing
There will be beauty where beauty was

Ash and stone
This much I know

Oh, my soul
You are not alone
There's a place where fear

Has to face the God you know
One more day
He will make a way

Let Him show you how
You can lay this down

I'm not strong enough
I can't take anymore
You can lay it down
You can lay it down
And my shipwrecked faith
Will never get me to shore
You can lay it down

You can lay it down
Can he find me here?
Can he keep me from going under?

Oh, my soul
You are not alone
There's a place where fear
Has to face the God you know
One more day
He will make a way
Let Him show you how
You can lay this down
'Cause you're not alone
Oh, my soul
You are not alone

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