

Quiet Moments with God

Allow these Quiet Moments to draw you into a time of rest and reflection with the Lord. Open your heart. What is He saying to you?

Because

[Song: Because you are Chosen. JM Talbot](#) (Lyrics on page 2) (Click to open link)

*Meditation: Ephesians 4: 1-3, 31-32

*Therefore I, a prisoner for serving the Lord,
beg you to lead a life worthy of your calling,
for you have been called by God.
Always be humble and gentle.
Be patient with each other,
making allowance for each other's faults because of your love.
Make every effort to keep yourselves united in the Spirit,
binding yourselves together with peace.
Get rid of all bitterness, rage, anger, harsh words, and slander,
as well as all types of evil behavior.
Instead, be kind to each other, tenderhearted, forgiving one another,
just as God through Christ has forgiven you.*

NLT

*Prayer: Father, help me to be obedient and to live a life of love. Amen

Dear children, let's not merely say that we love each other;
let us show the truth by our actions.
Our actions will show that we belong to the truth,
so we will be confident when we stand before God.

1 John 3: 18-19. LB

Because You Are Chosen

John Michael Talbot

Because you are chosen
Called to be holy
Because you are the Lord's beloved
You must clothe yourself with kindness
With heartfelt mercy
In the meekness of humility

So bearing now with one another
And forgive as the Lord's forgiven you
Over all these virtues
Bind them all together
In the Love of our Lord Jesus

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Little Portion (1399)