

## Quiet Moments with God

Allow these Quiet Moments to draw you into a period of rest and reflection in the company of the Lord. Open your heart; meditate on the Scriptures, listen...

### God's View

\*Song: [Wonderfully Made. Ellie Holcomb](#) (Click to open link) (Lyrics on pages 2&3)

\* Meditate on the passage below. How does it influence the way you see yourself? Do you allow yourself to believe that this is how God sees you?

*You made all the delicate, inner parts of my body  
and knit them together in my mother's womb.  
Thank you for making me so wonderfully complex! It is amazing to think about.  
Your workmanship is marvellous—and how well I know it.  
You were there while I was being formed in utter seclusion!  
You saw me before I was born and scheduled each day of my life  
before I began to breathe.  
Every day was recorded in your book!  
How precious it is, Lord, to realize that you are thinking about me constantly!  
I can't even count how many times a day your thoughts turn toward me.  
And when I waken in the morning, you are still thinking of me!*

Psalm 139:13-18 Living Bible

\*Prayer: I praise you, Father! *Show me the wonders of your great love ...Keep me as the apple of your eye; hide me in the shadow of your wings.* Ps 17:7a;8. Amen

**When I look at the night sky and see the work of your fingers—  
the moon and the stars you set in place—  
what are mere mortals that you should think about them,  
human beings that you should care for them?  
Yet you made them only a little lower than God  
and crowned them with glory and honour.**

Psalm 8:3-5

# Wonderfully Made

Ellie Holcomb

It's two in the morning  
And I'm still awake in my bed  
And I can't shake these lies  
They keep running around in my head

But what if I saw me the way that You see me?  
What if I believed it was true?  
What if I traded this shame and self-hatred  
For a chance at believing You?

That You knit me together  
In my mother's womb  
And You say that I've never been  
Hidden from You  
And You say that I'm wonderfully,  
Wonderfully made

You search me and know me  
You know when I sit, when I rise  
So You must know the choices I've made  
And the pain that I hide

But what if I saw me the way that You see me?  
What if I believed it was true?  
What if I traded this shame and self-hatred  
For a chance at believing You?

'Cause You knit me together  
In my mother's womb  
And You say that I've never been  
Hidden from You  
And You say that I'm wonderfully,  
Wonderfully made

And Your eyes, they have seen me  
Before I was born  
And You know all the good things  
That You made me for  
And I'm wonderfully,  
I'm wonderfully made

Oo-oo, oo-oo  
Oo-oo-oo-oo  
Oo-oo, oo-oo  
Oo-oo-oo-oo

When I consider the Heavens above  
Oh, what is man that You're mindful of us  
'Til You say that we're wonderfully,  
Wonderfully made

And You promise that You'll never  
Leave me, oh Lord  
Oh that You hem me in, both behind and before  
And I'm wonderfully,  
Wonderfully made

And You knit me together  
In my mother's womb  
And You say that I've never been  
Hidden from You  
And You say that I'm wonderfully,  
Wonderfully made

And Your eyes, they have seen me  
Before I was born  
And You know all the good things  
That You made me for  
And I'm wonderfully,  
I'm wonderfully made

I'm wonderfully made  
Help me believe it  
Help me to see me  
Just like You see me  
Just like You made me  
Wonderfully made  
Yeah

Oo-oo, oo-oo  
Oo-oo-oo-oo  
Help me believe it  
Help me to see me  
Just like You see me  
Just like You made me  
Wonderfully made