

Quiet Moments with God

Allow these Quiet Moments to draw you into a time of refreshing, reflection and rest with the Lord. Read quietly; meditate on the Scriptures.

A Quiet Mind

I am not in control.

I am not in a hurry.

I walk in faith and hope.

I greet everyone with peace.

I bring back only what God gives me.

Prayer For Daily Life: Murray Bodo, Franciscan priest

He will cover you with his feathers. He will shelter you with his wings.

His faithful promises are your armour and protection.

Psalm 91:4 NLT

The Lord gives his people strength. The Lord blesses them with peace.

Psalm 29:11 NLT

Our God says, "Calm down, and learn that I am God!

All nations on earth will honor me."

Psalm 46:10 CEV

[Song: It Is Well. Philippa Hanna](#) (Lyrics on page 2)

It Is Well

Philippa Hanna

Grander earth has quaked before
Moved by the sound of His voice
Seas that are shaken and stirred
Can be calmed and broken for my regard
Through it all, through it all
My eyes are on You
Through it all, through it all
It is well
Through it all, through it all
My eyes are on You
And it is well with me
Far be it from me to not believe
Even when my eyes can't see
And this mountain that's in front of me
Will be thrown into the midst of the sea
Through it all, through it all
My eyes are on You
Through it all, through it all
It is well
Through it all, through it all
My eyes are on you
And it is well

So let it go my soul and trust in Him
The waves and wind still know His name
It is well with my soul
It is well with my soul
It is well with my soul
It is well with my soul

It is well it is well with my soul
Ahhhhhhh
Through it all, through it all
My eyes are on You
Through it all, through it all
It is well
Through it all, through it all my eyes are on you
And it is well with me.

Songwriters: Joey Stamper / Horatio G. (p.d. Spafford / Chad Matthew Graham / Philip P.(p.d. Blis)