

Quiet Moments with God

Allow these Quiet Moments to draw you into a time of refreshing, reflection and rest with the Lord. Glorify the One who loves you.

Praise and Glory

[Song: Is He Worthy? Kristyn and Keith Getty](#) (Lyrics on pages 2&3)

*I said to the Lord, "You are my Master!
Every good thing I have comes from you."
Lord, you alone are my inheritance, my cup of blessing.
You guard all that is mine.
I will bless the Lord who guides me;
even at night my heart instructs me.
I know the Lord is always with me.
I will not be shaken, for he is right beside me.
No wonder my heart is glad, and I rejoice.
My body rests in safety.
You will show me the way of life,
granting me the joy of your presence
and the pleasures of living with you forever
Psalm 16:2,5,7-9,11 NLT*

*Praise the Lord, all you nations.
Praise him, all you people of the earth.
For his unfailing love for us is powerful;
the Lord's faithfulness endures forever.
Praise the Lord!
Psalm 117 NLT*

[Song: 10,000 Reasons \(Bless the Lord\). Matt Redman](#) (Lyrics on pages 3&4)

Is He Worthy?

Song by Keith & Kristyn Getty

Do you feel the world is broken? We do
Do you feel the shadows deepen? We do
But do you know that all the dark
Won't stop the light from getting through? We do
Do you wish that you could see it all made new?
We do

Is all creation groaning? It is
Is a new creation coming? It is
Is the glory of the Lord
To be the light within our midst? It is
Is it good that we remind ourselves of this?
It is

Is anyone worthy
Is anyone whole
Is anyone able to break the seal and open the scroll?

The Lion of Judah
Who conquered the grave
He is David's root and the Lamb who died
To ransom the slave

Is he worthy, is he worthy
Of all blessing and honour and glory
Is he worthy of this?
He is

Does the Father truly love us? He does
Does the Spirit move among us? He does
And does Jesus, our Messiah
Hold forever those he loves? He does
Does our God intend to dwell again with us?
He does

Is anyone worthy
Is anyone whole?
Is anyone able to break the seal and open the scroll?

The Lion of Judah
Who conquered the grave
He is David's root and the Lamb who died
To ransom the slave

From every people and tribe
Every nation and tongue
He has made us a kingdom and priests to God
To reign with the Son

Is he worthy?
Is he worthy
Of all blessing and honour and glory?
Is he worthy
Is he worthy
Is he worthy of this?
He is
Oh, is he worthy
Is he worthy?
He is
He is

Songwriters: Andrew Peterson / Ben Shive

10,000 Reasons (Bless the Lord)

Matt Redman

Bless the Lord oh my soul
Oh my soul
Worship His Holy name
Sing like never before
Oh my soul
I'll worship Your Holy name

The sun comes up
It's a new day dawning
It's time to sing Your song again
Whatever may pass
And whatever lies before me
Let me be singing
When the evening comes

Bless the Lord oh my soul
Oh my soul
Worship His Holy name
Sing like never before
Oh my soul
I'll worship Your Holy name

You're rich in love
And You're slow to anger
Your name is great

And Your heart is kind
For all Your goodness
I will keep on singing
Ten thousand reasons
For my heart to find

Bless the Lord oh my soul
Oh my soul
Worship His Holy name
Sing like never before
Oh my soul
I'll worship Your Holy name
Bless You Lord

And on that day
When my strength is failing
The end draws near
And my time has come
Still my soul will
Sing Your praise unending
Ten thousand years
And then forevermore
Forevermore

Bless the Lord oh my soul
Oh my soul
Worship His Holy name
Sing like never before
Oh my soul
I'll worship Your Holy name

Bless the Lord oh my soul
Oh my soul
Worship His Holy name
Sing like never before
Oh my soul
I'll worship Your Holy name
Yes I'll worship Your Holy name
I'll worship Your Holy name

Sing like never before
Oh my soul
I'll worship Your Holy name
Jesus I will worship Your Holy name
Worship Your Holy name

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