

Quiet Moments with God

Allow these Quiet Moments to draw you into a time of refreshing, reflection and rest with the Lord. Meditate on the words below.

My Good Shepherd

Prayerfully read this Psalm. Reaffirm that Jesus is your Shepherd; he knows His sheep and you recognise His voice; He protects and guides you. He stays right with you in dark times. He anoints you with blessings and favour, and pours out on you His love and His goodness!

The Lord is my shepherd;

there is nothing I lack.

He lets me lie down in green pastures;

He leads me beside quiet waters.

He renews my life;

He leads me along the right paths

for His name's sake.

Even when I go through the darkest valley,

I fear no danger,

for You are with me;

Your rod and Your staff—they comfort me.

You prepare a table before me

in the presence of my enemies;

You anoint my head with oil;

my cup overflows.

Only goodness and faithful love will pursue me

all the days of my life,

and I will dwell in the house of the Lord

as long as I live.

Psalm 23 Holman Christian Standard Bible

[Song: Still Waters. Leanna Crawford](#) (Lyrics on page 2&3)

Still Waters (Psalm 23)

Leanna Crawford

Great Aunt Maurine said at a hundred and three
Write scripture on your heart for when you need it
Cause anxiety hates Psalm 23
So just say it to yourself 'til you believe it
And I'm feeling like I'm needing it right now

The Lord is my shepherd, I shall not want
He leads me by still waters 'til my fears are gone
Though I walk through the valley of the shadow of death
O I know You are with me
My father, my friend
Your goodness and mercy will follow me all of my days
I know by Your still waters I'm safe

Lord I believe You can set me at ease
Turn this broken piece in me to peace and quiet
I know there's power in Your word
So I'll say it over and over til my soul's reminded

Oh The Lord is my shepherd, I shall not want
He leads me by still waters 'til my fears are gone
Though I walk through the valley of the shadow of death
O I know You are with me
My Father, my friend
Your goodness and mercy will follow me all of my days
I know by Your still waters I'm safe

Still waters run through
Any valley I could find
I'm laying fear down
Here at Heaven's riverside
Your word has been true
In every season of my life
I believe, yes I believe
Still waters run through
Any valley I could find
I'm laying fear down
Here at Heaven's riverside
Your word has been true

In every season of my life
I believe, yes I believe

Oh The Lord is my shepherd, I shall not want
He leads me by still waters 'til my fears are gone
Though I walk through the valley of the shadow of death
O I know You are with me
My Father, my Friend
Your goodness and mercy will follow me all of my days
I know by Your still waters I'm safe

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